

Name _____

Due Date: _____

GOAL SETTING & SELF-ASSESSMENT

Directions:

1.) Write a detailed goal and log the practice minutes spent working on the goal. 2.) Work toward achieving 100%. 3.) Finally, ask your parents to listen to you perform the final product.

1. Write your goal:

Include at least two of the following musical components in your goal:

Correct notes

Correct rhythms

Correct articulations

Correct dynamics

2. Practice Time Log: Practice *as much* as necessary to achieve your goal.

| | | | | | | |
|---------------|----------------|------------------|-----------------|---------------|-----------------|---------------|
| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> | <u>Sunday</u> |
|---------------|----------------|------------------|-----------------|---------------|-----------------|---------------|

3. Why did you choose this particular piece music and measures to practice for your goal?

4. Student Assessment:

EFFORT

- I worked on the goal until it was completed. I pushed myself to practice even when I came to a difficult part. *I viewed this as a challenge and an opportunity to improve my music skills.*
- I worked on the task until it was completed. I pushed myself to continue working on the task even when I came to a difficult part(s).
- I put *some* effort into the task, but stopped practicing when I came to a difficult part(s).
- I put *very little* effort into the task.

Achievement

- I *exceeded* my goal.
- I *met* my goal.
- I *almost* achieved my goal but fell short.
- I did *not* come close to meeting my goal.

5. Parent Assessment:

- I agree with my child's assessment of his/her performance.
- I disagree with my child's assessment of his/her performance.

Parent Comments:

Parent Signature _____ Date _____

Students are expected to work toward mastering...

Note names
Note positions on staff
Note fingerings

Some methods of practice...

Point and name notes
Name notes and practice fingerings
Practice fingerings and count rhythm
Play exercise